



Southern Alberta Trail Riders Association Ride Sheet

Ride Location: The Forks – Grassy Lake

Ride Date: Saturday April 19, 2025

Host

Name: Maaike Van Reeuwijk

Phone: 403-317-3720

Email: maaikevanreeuwijk@gmail.com

Co-Host

Name:

Phone:

Email:

Ride Rating: Easy ☒ Moderate ☐ Hard ☐

Shoes/Boots required: Yes ☐ No ☒

Ride Notes:

Approximately 3 hr ride in coulees and river bottom. River access. Beginner friendly.

Details of Ride:

Ride starts at 10:30am. Bring your own food and drinks. Can meet in Taber or Grassy Lake for those that would like to follow. Please let host know if and where you would like to meet, or we will just meet at the trailhead.

Directions:

From Taber, drive east to Grassy Lake. Turn left (north) on Chapman Ave and right (east) on First Street N. Turn left (north) on Range Road 133 and follow that until you hit a T intersection. At the T, turn right (east). Turn left (north) on Range Road 132 and follow that road down the hill to the bottom of the coulee. Park in field on the left, off the road.

