



Equine Emergency First Aid Kit

It is always a good idea to be prepared to deal with minor injuries, both at home and on the road. The following are suggested horse care items:

1. a plastic bucket with a lid or a waterproof canvas bucket that you can carry with your camping equipment or in your trailer
2. baggies of table salt that you can add to water to scrub and cleanse a wound, or
3. Betadine which is an iodine solution that has been diluted for cleansing wounds
4. Hydrogen Peroxide to flush deep wounds or punctures
5. gauze sponges to clean a wound
6. a broad spectrum topical antibiotic ointment (i.e. Silvadene, Neosporin and Nolvasan)
7. wound dressing (i.e. Telfa, Combipad and Surgipad) and self-adhesive tapes (i.e. Kling, Elastikon, Flexus and Vet-Rap), human incontinent pad, udder balm (from a dairy supply)
8. blunt tipped bandage scissors
9. topical eye ointment (non steroidal)
10. Stethoscope (if you know how to use one)
11. rectal thermometer (an adult horse's normal temperature is between 99.0 and 101 degrees F)
12. an Easy Boot or spare shoes with nails
13. Kopper Kare
14. duct tape
15. penicillin, syringe and needles
16. a good sharp knife to cut a tangle rope etc.
17. hoof pick
18. fly lotion used to keep flies and other insects from irritating and contaminating open wounds

If you are dealing with a horse that is in pain in the mountains or away from home you could use Bute; however it's not likely that you will be able to get any prescription drugs such as Bute just to take with you. The mountain stream is your best friend when dealing with rope burns, cuts, galling, etc.

There are kits available in some of the tack shops and online.